

ARISE

Enlightening

Arise invites individuals to rise up and meet their life. It can powerfully lift the despondent or burdened individual and fill them with enthusiasm, joy, and optimism. It reawakens intuition and insight. It encourages the full acceptance of all parts of the soul: mind, body, and spirit, so that in wholeness and unity they may ascend together. Arise catalyzes the sparks of divinity within each individual that long to reconnect to the Divine and arise to their full potential.

INGREDIENTS: Lemon, Grapefruit, Siberian Fir, Osmanthus, and Melissa

NEGATIVE EMOTIONS: Burdened, joyless, pessimistic, fragmented, disconnected

POSITIVE PROPERTIES: Integrated, intuitive, lifted, joyful, enthusiastic, optimistic, actualized

SUGGESTED USES:

Aromatic: Inhale from bottle, diffuse, or place drops in hand, rub, and inhale.

Topical: Apply to forehead, top of head, and/or back of neck (upper chakras).