

ALIGN

Alignment



Align calls the soul back into alignment. It reaches gently into the heart space to shift heavy energies that are inhibiting progress and disrupting stillness. While working on the heart center, it recalibrates an individual's inherent integrity and brings into awareness the costs of misalignment. It facilitates the emergence of self-acceptance, openness, and trust. Align restores emotional balance by reorienting the heart back to its true purpose: love.



INGREDIENTS: Bergamot, Coriander, Marjoram, Peppermint, Geranium, Basil, Rose, and Jasmine



NEGATIVE EMOTIONS: Misaligned, heavy energy, out of integrity, imbalanced, closed, distrusting



POSITIVE PROPERTIES: Centered, aligned, still, integrity, self-acceptance, open, trusting, loving



SUGGESTED USES:

Aromatic: Inhale from bottle, diffuse, or place drops in hand, rub, and inhale.



Topical: Apply to chest, stomach, and/or mid-back (middle chakras).

