



PETITGRAIN

Ancestry



Petitgrain invokes a deep appreciation for positive forms of ancestral knowledge, wisdom, and family history. All individuals carry a portion of their ancestors' lives and stories within them—physically, emotionally, and through inherited traditions. Petitgrain illuminates the eternal connection to all previous generations that weaves its way through the present generation and on to the next. It reminds individuals that it was by their ancestors' sacrifice they have the opportunity to experience this life. Petitgrain invites individuals to choose to honor the good that was inherited from their family and also make the path lighter for those who follow.

In this way, Petitgrain is also a great aid in healing a complicated family history. It invites individuals to accept the humanness of their ancestors and seek to learn from their mistakes. Instead of avoiding the pain of the past, Petitgrain encourages thoughtful awareness of how to heal wounds in the family line. It reveals patterns and tendencies of unconsciously repeating family mistakes. Individuals in need of Petitgrain may be unable or unwilling to depart from their family's way of thinking. Instead, they follow in the footsteps of their predecessors and ancestral traditions. Or they feel too bound to a family story they wish to disown and desire to disconnect from the reality of the previous generations. For either extreme, Petitgrain invites healthy awareness and balance. It encourages those who view any departure from tradition as a betrayal of the family to release the fear of disapproval and forge the path that is right for them. It also reminds those who desire to disconnect from their family origins to be willing to see the positives of healthy family connection. Petitgrain invites all to see the gift of their ancestral traditions and will assist them in their efforts to heal unfinished and unresolved ancestral issues.

Petitgrain reminds individuals that through accepting their ancestry, they can find peace, clarity, wisdom, and empathy for their own journey through this life.

