



OREGANO

Humility & Non-Attachment

Oregano cuts through the fluff of life and teaches individuals to do the same. It removes blocks, clears negativity, and cuts away negative attachments. Oregano is a powerful oil and may even be described as forceful or intense.

Oregano addresses a person's need to be right. Individuals in need of Oregano may attempt to convert other people to their own fixed opinions. Their strong will can make them unteachable and unwilling to budge. They hold rigidly to their opinions and belief systems. However, Oregano is resolute and has the power to break through a strong will and teach humility.

On the deepest level, Oregano dispels materialism and attachment that hinders growth and progress. While using Oregano, a person may feel encouraged to end a toxic relationship, quit an oppressive job, or end a destructive habit. These toxic attachments limit one's capacity to feel a healthy connection to the Divine. Oregano encourages true spirituality by inviting the soul to live in non-attachment and teaches that devotion to a Higher Power includes letting go of rigidity, willfulness, negative attachments, and materialism.

NEGATIVE EMOTIONS: Negative attachments, prideful, opinionated, stubborn, materialistic, controlling

POSITIVE PROPERTIES: Humble, non-attachment, willing, teachable, flexible

COMPANION OILS: Sandalwood, Thyme, Melaleuca, Lemongrass, Cypress

SUGGESTED USES:

Aromatic: Inhale from bottle or diffuse.

Topical: Dilute 1 drop or less with carrier oil and apply on bottom of feet.

NOTE: Dilute and/or use caution when applying topically.