



# MELISSA

*Light*

Melissa oil awakens the soul to truth and light. It reminds individuals of who they truly are and why they came to this earth. Melissa invites one to release everything and anything that holds them back from reaching their fullest potential.

Melissa assists individuals in receiving spiritual guidance by reconnecting them with their inner voice. It uplifts the soul by preparing one to ascend. When one feels too weighed down by the burdens of life, Melissa encourages them to keep going. It gives strength and vitality to the innermost recesses of the heart and soul. This oil invites one to participate in higher realms of living and dreaming. As they stay connected to spiritual sources, they feel lightness in their being and brightness in their core. Melissa reminds everyone that each individual has a spark of divinity within them, and with love and attention, the spark will grow. This oil fuels that spark of energy, igniting an individual's True Self. Melissa assists them in shedding everything that is not in harmony with their inner light.

Melissa's enthusiasm is contagious. Through the intense light and vibration this oil has to offer, individuals may feel they cannot help but let go of feelings of darkness, despair, and other low vibrations that are holding them down. It teaches the joy of living.

**NEGATIVE EMOTIONS:** Despairing, hopeless, darkness, burdened, loss of will to live, overwhelmed

**POSITIVE PROPERTIES:** Enlightened, joyful, energized, integrity, spiritually connected, contagious enthusiasm, liberated, optimistic

**COMPANION OILS:** Frankincense, Copaiba, Peppermint, Tangerine, Lime, Yarrow | Pom

**SUGGESTED USES:**

**Aromatic:** Inhale from bottle, diffuse, or place drops in hand, rub, and inhale.

**Topical:** Apply 1 drop on forehead.