

# TERRASHIELD

## Shielding

TerraShield was formulated as an insect repellent, but it also offers so much more. This blend helps individuals stay calm in the face of danger or attack. TerraShield strengthens the protective shield around one's body, helping them to feel safe. This is especially important for children and adults who unconsciously merge with other people's energy. They may do this as a way to relieve others' burdens, or to simply lighten the load in the environment. Regardless of the motives, this type of energetic merging weakens individuals' energy systems. Babies and young children are especially susceptible to trying to carry loved ones' feelings for them, as they struggle to know which emotions are theirs and which belong to other people. This blend can assist individuals in separating their own energy from another's.

While the confusion between boundaries is often unintentional, there are also those who would target or attack others. TerraShield teaches individuals to hold strong boundaries and not allow themselves to be pushed around. It imbues individuals with courage and confidence to stand up for themselves and face their attackers.

**INGREDIENTS:** Ylang Ylang, Tamanu, Nootka, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Vanilla, and Arbovitae

**NEGATIVE EMOTIONS:** Unprotected, attacked, defenseless, poor boundaries

**POSITIVE PROPERTIES:** Courageous, confident, self-contained, safe, strong boundaries

**SUGGESTED USES:**

**Aromatic:** Inhale from bottle, diffuse, or place drops in hand, rub, and inhale.

**Topical:** Place 1 drop in hand, rub, and brush over clothes.

**Environmental:** Add several drops into spray bottle and mist on body or around home.