

ON GUARD

Protection

This combination of oils is generally used to shield individuals from bacteria, mold, and viruses. This blend's protective properties, however, extend beyond the physical level by aiding individuals in warding off energetic parasites, domineering personalities, and other negative influences. On Guard strengthens one's immune system, which governs the ability to defend against attacks from physical pathogens and negative energies.

On Guard is incredibly helpful for strengthening the inner self along with inner resolve to stand up for oneself and live in integrity. This blend is especially indicated for personalities who have a weakened boundary due to some kind of perpetual violation to their personal space. On Guard gives individuals strength to say "no" and resolve to maintain clear boundaries. It cuts away unhealthy connections such as codependency, parasitic relationships, or emotional viruses found in negative group thought. On Guard greatly assists individuals in learning to stand up for themselves and live in integrity with their True Self.

INGREDIENTS: Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary

NEGATIVE EMOTIONS: Attacked, unprotected, vulnerable, controlled, manipulated, susceptible to peer pressure

POSITIVE PROPERTIES: Healthy boundaries, protected, capable, integrity, independent, reinforced, strengthened

SUGGESTED USES:

Aromatic: Inhale from bottle or diffuse.

Topical: Dilute 1-3 drops with carrier oil and apply over chest, throat, or on bottom of feet.

Environmental: Add several drops into spray bottle and mist around home.